



**NUMBER 9**

**DATED 17 JANUARY 2009**

**Happy New Year all**

We had a great brainstorming session on Monday 12 January and notes on the outcomes are below. More brainstorming sessions will be held in the future.

Just a quick reminder about boats! PLEASE make sure they are clean for use in the pool. The staff have been very understanding about us using our own boats so we need to just take care with cleanliness. Thanks.

### **Pool Training Programme**

Here's the Pool Programme for the rest of the winter season. The programme will take all paddlers to 2\* for when we get out on the water again so this is essential if you want to get your 2\*. We have a great time anyway so make sure you come along.

<b>DATE</b>	<b>COACH</b>	<b>SESSION</b>
Jan 8	Mark Butland	Recap all 1 star skills through games
Jan 15	Mark Butland	Alternative rescues sea boats and open boats Sea kayakers to practice float assisted re-entry where a blow up float is put and a paddle and used as an outrigger to get back in the boat . open boat curl and x rescues

PATRON: CLLR ROBIN BALDRY HPBC

Jan 22	Derek Burdett	Eskimo rescue , swimmer to canoeist, self swim to side Forward Backwards paddling, Canoe Goon & J Stopping
Jan 29	Clive Williams	Sweep strokes forwards and back canoe single and double , kayak Rudders push and pull
Feb 5	Derek Burdett	Moving Sideways draw and pry Support Strokes high and low brace both canoe and kayak
Feb 12	Derek Burdett	Eddy turns Breaking in & out Bow Rudder, Cut & Jam canoe and kayak
Feb 19	Clive Williams	Balance Using edges inside carve outside carve Tight & wide turns Low brace turns
Feb 26	Sea kayak specialist	Kayak Rescues X & T I Towing Systems
Mar 5	Derek Burdett	Mini Canoe polo comp 4 person teams with prizes (possible use of university polo boats)
Mar 12	Clive Williams	Slalom wiggle test I and 2 star star practice tests
Mar 19	Mark Butland	Double canoe session review all above using open canoes
Mar 26	Mark Butland	Pool party wacky races hawaai fancy dress???
Apr 2	Mark, Derek, Clive	Swim capsizes for new members
Apr 9	Mark, Clive	Swim capsizes for new members

## **Notes from the Brainstorming Session**

**Monday 12<sup>th</sup> January 2009 @ The Clubhouse, Buxton**

Present: 25 members and coaches

### **Grants Update**

Mo updated us on the current situation of the grants we are applying for:

£10,000 - The 'Awards for All' application (to be allocated to buying boats) has been submitted and is going through selection, we should hear if we have been successful by early March. We may also have the chance of buying 2 second hand canoes and a box trailer from World Challenge which would make the cost of new equipment affordable.

£6,000 - The 'BCU Club of the Year' application (Coaching Development) is ready to be sent off.

In June we will be applying for the 'Grass Roots' grant, applicable to clubs who have been running for a year or more. This was intended to pay for new pool boats.

### **Committee**

Jenny Daly was welcomed as our new second Secretary and Paul Quest, Keith McGrail, John Rutherford, Jean Vale and Stuart Watson have agreed to be our new Social Committee.

### **Coaching Update**

It is hoped that all members who wish to take their 1\* assessment will have done so by Easter. *Action: Clive*

Mark commented that we should be holding theory 'classes' as part of the assessments. He also suggested a few trips which would possibly cover skills needed for those members who would like to complete their 2\* assessment.

Suggested trips – 28<sup>th</sup> March – camp at Rowsley overnight and paddle the next day to Matlock. Watch the message board.

Whitehall have offered to fund and run a level 1 coaches course for 12 Peak Paddlers. Paddlers will pay £60 to Peak Paddlers for the course of which £50 will be refunded on the agreement that the new coaches will coach 6 sessions for our new beginners during the next 3 years.

Course dates are:

18/19 Apr, 30/31 May with Safety & Rescue Course in between (at a nominal cost). Names on the message board by 28 Feb.

### **Summer Programme**

2 ‘beginners classes’ of 2 hours (1<sup>st</sup> hour specifically for beginners, 2<sup>nd</sup> hour open to all) are scheduled for the pool sessions on 2<sup>nd</sup> and 9<sup>th</sup> April at a cost of £25 each for the 2 week course. Enrolment on 26 Mar 09 at the pool.

Charges for Errwood sessions starting in April would be £5 for members using club equipment and £3 for members using their own equipment.

Lewis suggested we open our membership to the Errwood Fishing Club. **Note:** Mo has now done this.

Lewis also suggested Peak Paddlers hold ‘Rolling Courses’ over the summer in the pool. Mo would see if there was pool availability. **Note:** Mo has spoken with the Pool re availability in the summer programme, they will look into it.

It was agreed all members are to be emailed to enquire whether or not they will be renewing their membership in June. Also a questionnaire is to be sent to members to complete asking what they would be interested in doing in the future and what aspects of kayaking/canoeing they are interested in.

*Action: Jenny Daly* **Note:** See the attached survey

## **Events**

To raise funds for the club we are hoping to plan a Dragon Boat event for September 2010 this may also include a 24 hour paddle to raise money for cancer research. **Note:** Due to the huge amount of legislation this will not now proceed.

Stuart W has arranged for Peak Paddlers to enter 2 rafts (4-6 paddlers per raft in fancy dress) at the Carsington Water RNL Raft Race on 17<sup>th</sup> May, anyone who wants to take part is to let Stuart know via the message board. A cheque (£50 per raft) is to be sent off this week to pay for 2 rafts, money to be recouped from paddlers taking part - £10 each.

*Action: Stuart Watson*

Events such as the paddle on the Llangollen on 1<sup>st</sup> February and the paddle round the Orm at the end of February need to be put on the calendar on the website.

*Action: Mike Goddard*

## **Trophy**

It was agreed that the trophy, donated by Carol, be awarded each year to a club member, category to be agreed each year. Julia would ask members what they wished to present the trophy for and for nominations.

*Action: Julia Kay*

## **Merchandise**

Alison was looking into the cost of hoodies, beanies, buffs, bigger t shirts and floating key rings. Fred would look at club rash vests.

*Action: Alison Sargeant/ Fred*

## **Club Passports**

The Paddlesport passports were discussed and it was agreed these would be useful for our under 16's. It was thought a

PATRON: CLLR ROBIN BALDRY HPBC

unique Peak Paddlers passport (designed by us) was probably better for our adult members.

*Action: Claire for under 16s and Clive& Mark for adults passports*

### **CRB Policy**

We are in the process of writing our policy to meet Clubmark (kite mark for canoe clubs) criteria. Clubmark status will raise our profile for bidding successfully for any future grants.

That's all for now folks!

Don't forget .....

**SAFE PADDLING!!!!**